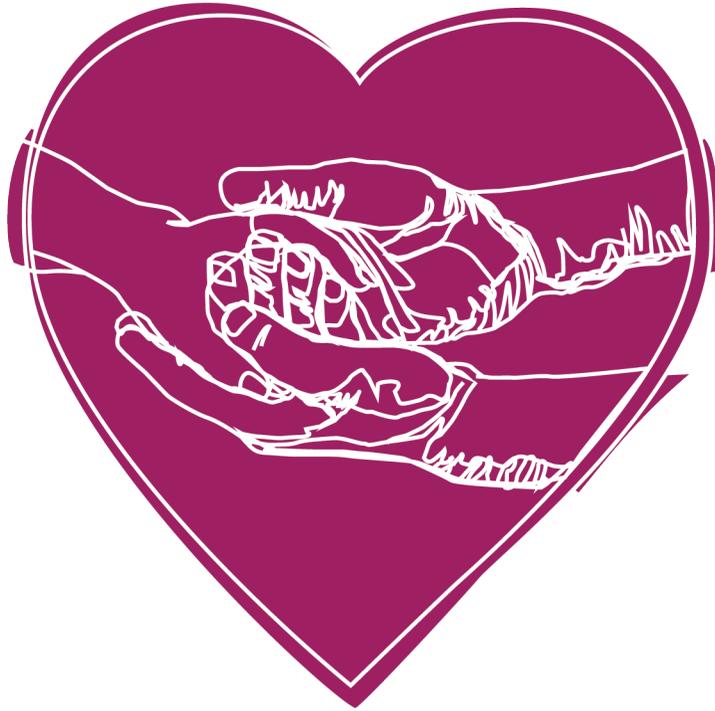


WASHINGTON COMMUNITY COLLEGE
HUMANITIES ASSOCIATION



COMPASSION
35th Annual Conference
October 30-31, 2015

Wenatchee Valley College
Wenatchee, Washington

Friday, October 30th

- 8:00 - Noon** **Registration**
Music and Art Center/MAC Building
- 8:00 - 8:45 AM** **Continental Breakfast**
Music and Art Center/MAC Building
- 8:45 - 9:15 AM** **College President Introduction and**
WCCHA Introduction
Music and Art Center/MAC Building
- 9:15 - 10:15 AM** **Keynote Address I: Dr. Christopher Kukk**
The Grove, Music and Art Center/MAC Building



Dr. Christopher Kukk is a professor of political science/social science at Western Connecticut State University (WCSU); founding director of the Center for Compassion, Creativity and Innovation; and director of the interdisciplinary Kathwari Honors Program (WCSU). He is also co-founder and CEO of InnovOwl LLC, a research and consulting firm that solves micro and macro problems through innovative education. He received his Ph.D. in political science from Boston College and his B.A. in political science from Boston University. Dr. Kukk has worked with cities, businesses, and a wide range of educational organizations to weave compassion into the fabric of their respective living and learning communities. He has worked with Seattle's Charter for Compassion International and is a leader in establishing universities and schools of compassion through Charter. His forthcoming children's and trade books are based on the idea that compassion and success are inextricably interwoven throughout all aspects of life.

10:15 – 10:30 AM Coffee Break
Music and Art Center/MAC Building

10:30 - 11:45 AM BREAKOUT SESSION I

Session A (MAC 1507):

“Ethos, Pathos, & Logos: Integrating Compassionate Listening into the Composition Curriculum”

Sarah Zale, English, Cascadia College and Shoreline Community College

Zale explores how compassionate listening can transform the classroom. As students listen to themselves and others through reflective and theatrical exercises, they learn about diverse perspectives and the concept of ethos. As they attempt compassionate resolution of conflicts among themselves that arise from diverse perspectives, they understand the power of pathos. As they “listen” to research sources through the lenses of ethos and pathos, they learn about logos. This workshop is interactive with activities for multiple learning styles that participants can take back to the classroom. Resources and a workbook are provided. The presenter is a certified facilitator of Compassionate Listening® and an experienced facilitator of Theatre of the Oppressed and Playback Theatre.

Session B (MAC 1519):

“Opening Doors: Helping Students Access Literature”

Matthew Sullivan and Steve Close, English,

Big Bend Community College

In “A Nicer Kind of Murder,” Sullivan contrasts the mystery genre’s origins and evolution with today’s literary mysteries, exploring how the portrayal of victimhood has shifted to become more humane and empathetic, ideally eliciting more compassion from readers.

Close’s presentation, “‘You’ll Read Your Faulkner and You’ll LIKE It!’ Compassionate Text Choice in Literature-Based Classes,” examines the role of text choice in literature-based classes, specifically courses intended for non-majors. It raises questions about the relevance of traditional canonical literature for Millennial and nontraditional students. It approaches the issue of compassion using the metaphor of “walking in someone else’s shoes” and questions the strategy of challenging students

with difficult/inaccessible texts, as opposed to developing challenging approaches to more accessible texts.

**Noon - 1:00 PM Lunch and Keynote Address II: Dr. Olivia McIvor
Wells Theater**



Dr. Olivia McIvor helps people and companies remain compassionately focused amidst rapid change. For over 25 years, McIvor has worked with hundreds of clients and spoken to thousands around the globe about building collaborative cultures, engaging and retaining the intergenerational wisdom, and creating compassionate communities. An author and corporate culture advisor, McIvor has devoted her life and career to facilitating deeper

conversations about personal values, culture, and leadership. She has spent a lifetime interviewing leaders, connecting with individuals across the globe to ensure the pulse of people's needs and opinions remain palpable and understood. Her beliefs, wisdom, and experience have helped people across North America discover practical ways to create engaged workplaces and intentional positive lives. She is the author of three books: *The Business of Kindness: Twelve Habits that Build Collaborative Cultures*, *Four Generations-One Workplace: Sharing in the Information Age*, and *Turning Compassion into Action: A Movement Toward Taking Responsibility*. McIvor is an instructor at the British Columbia Institute of Technology in the Business Department. She lives in Vancouver, British Columbia.

1:15 - 2:30 PM

BREAKOUT SESSION II

Session A (MAC 1519):

“Art through Many Eyes”

Adam C. Sharp, Theatre and Film Arts, Spokane Community College

This presentation explores the need for compassion in how individuals view creative works. Sharp will share an activity in which all but one participant will close their

eyes. The one participant will then look at a piece of art. The others will open their eyes and the one who saw the art gives details to describe the piece. Another person will then keep his/her eyes open while others close their eyes again. That person will share other details from the piece. This will occur several times, the goal being to reveal that each person sees different details and it is important to have compassion for those perspectives.
these images.

Session B (MAC 1507):

“The Varied Carols I Hear: Poetry and Compassion”

Derek Sheffield, Gerald Tiffany, and Jack Johnson, English,
Wenatchee Valley College

The presenters will read original works of poetry and discuss them with respect to compassion. They will also consider how compassion operates within the poetic process, from a poem’s trigger to its final form.

2:45 - 4:00 PM

BREAKOUT SESSION III

Session A (MAC 1519):

“Both Sides of the Gun: Using the Pillow Method to Discuss the Shootings of Young Black Males”

Linda Smith, Communication Studies, Skagit Valley College

This presentation suggests that the Pillow Method—a five-position tool developed by Paul Reps in 1967 to boost empathy and encourage perspective taking in relationships—can be used as a discussion tool to examine complex social issues from multiple perspectives. Presentation participants will use this tool to engage each other in discussion around the shooting of young black males from the perspectives of both the police and African- American families.

Session B (MAC 1507):

“Moving from Compassion to Change: Empowering Students with Disabilities in the College Classroom and Community”

Heather Ryan, English, Wenatchee Valley College

Ryan's talk will include a brief history of the Individuals with Disabilities in Education Act and the way educators and staff approach disabilities on campuses. She will also define the medical model of disability and contrast it with the social model of disability. She will provide a theoretical framework that extends the definition of compassion beyond one of sympathy (which can and often is seen as offensive to those with disabilities), to one of recognizing the humanity in others. Ryan will provide practical methods for re-designing courses and classrooms that empower them to critique the status quo?"--by showing how a group project on urban legends can teach students in a research and argument composition course to sift grains of truth within urban legends and analyze what these legends' stubborn survival suggests about the "silent majorities" who click "forward" on emails containing them while, perhaps, clicking "delete" on messages of more legitimate public interest.

- 4:15 - 4:30 PM** **Wells House Tour**
Meet at the registration table, MAC lobby.
- 4:15 - 5:30 PM** **Social Hour at Chateau Faire Le Pont Winery**
1 Vineyard Way, Wenatchee, WA 98801
(509) 667-9463
- 5:30 - 8:30 PM** **Poetry Reading & Awards**
Chateau Faire Le Pont Winery
1 Vineyard Way, Wenatchee, WA 98801
(509) 667-9463

www.wccha.org

Saturday, October 31st

8:30 - 9:00 AM **Continental Breakfast**
Music and Art Center/MAC Building

9:15 - 10:15 AM **Keynote Address III: Dr. Janet Lucas**
The Grove, Music and Art Center/MAC Building



Dr. Janet Lucas is a scholar, poet, and essayist and has been a Professor of English and Rhetoric at Peninsula College in Port Angeles, Washington since 2003. She earned her B.A. and M.A. in English from Eastern Washington University and her PhD in English from Indiana University of Pennsylvania. In October 2007, the Two-Year College Association (TYCA) honored her with the Lisa Ede Award for Teaching Excellence. Her dissertation

Not Just a Feeling Anymore: Empathy and the Teaching of Writing was submitted for a national award in 2011. Dr. Lucas has also taught students in Guilin, China. She has served on the WCCHA Board since 2011 fulfilling many roles, including liaison with national CCHA based in Essex, New Jersey. She is an active member of the arts and literary community in Port Angeles where she sings in the Peninsula College jazz choir.

10:15 – 10:30 AM **Coffee Break**
Music and Art Center/MAC Building

10:30 - 11:45 AM **BREAKOUT SESSION IV**

Session A (MAC 1519):

**“Cultivating Compassion in the Classroom:
An Interdisciplinary Approach”**

Dexter Amend, Psychology, and Andrew Braks, Philosophy,
Spokane Falls Community College and Tibetan Lama Lakshey Zangpo

The purpose of this roundtable session is to introduce participants to examples of cooperative, intercultural, interdisciplinary efforts to integrate the theme of compassion into curricula at Spokane Falls CC. “The Psychology of Personal and Interpersonal Peace,” taught by Lakshey and Amend, examines the psychology of violence and nonviolence from Western and Eastern perspectives. Buddhist meditation and mindfulness complement the neurobiology and psychology of compassion. In Eastern Philosophy (PHIL 209) and/or Ethics (PHIL 210), students view compassion as one of the “Two Pillars of Morality.” Instructor Braks believes that Western ethicists have tended to underplay the importance of imagination and compassion in the process of moral thinking.

Session B (MAC 1507):

“IFYP (I Feel Your Pain) but I Can’t Begin to Imagine It”

Geeta Sadashivan, English, Cascadia College

This presentation begins with a discussion of Leslie Jamison’s essay, “The Empathy Exams,” which argues that “Empathy requires inquiry as much as imagination.” Sadashivan then describe how Jamison’s assertions influenced her assignment “Day in the Life,” in which she has students write an imagined account of a day in the life of someone from a marginalized group. Sadashivan argues that empathy can be taught and assessed.

11:30 AM - 12:30 PM **Plenary Session: Panel and General Discussion**
(Wells Theater)

12:30 PM - 1:00 PM **Brief closing remarks**
WCCHA President, Tracy Heinlein
(Wells Theater)

Special thanks
to our host:

